

LESSON 4: JESUS PASSES ON HIS POWER

Leader Guide for One Room

Classroom: One Room S.S.

 Acts 1:6-14; 2:1-12

02/07/2021

Teachers Dig In

Dig In to the Bible

- Read: Acts 1:6-14; 2:1-12
- In This Passage: Before Jesus ascends to heaven, he tells his disciples they will receive power from the Holy Spirit to be his witnesses all over the world. Later the Holy Spirit comes like a rushing wind, and Jesus' followers speak in languages they don't even know to tell people from different places about Jesus.
- Bible Point: Jesus is powerful...
- Application: ...and he gives us power.
- Summary Verse: "Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing" (John 15:5).

Dig Deeper

- You'll Be Teaching: *Jesus is powerful*. The Holy Spirit can be a bit mysterious, especially to kids. Who is he? What does he do? Because of this mystery, it can be tempting to avoid talking too much about the Holy Spirit. Instead, use this lesson to help kids see how the Holy Spirit empowers them with Jesus' power. If kids ask questions you can't answer, that's okay! Tell them you don't know, and consider doing some research or talking with your pastor this week to find answers.
- Think About: What do you need power to do? Talk to God about that.

Dig In to Prayer

- Ask God to give your kids power to do big things in his name.

Quick Tip

- Discipline problems can make you *and* the "problem children" feel powerless. Instead of yelling, try this: Share the potential you see in kids, and talk about how when they feel like being disruptive, they can ask Jesus to give them the fruit of self-control.

This Lesson at a Glance



OPENING

▲ Kids share about a topic related to the lesson.

Supplies

- Bible



CORE BIBLE DISCOVERY

Kids watch a light ascend and then charge themselves with glow-in-the-dark power.

Supplies

- Bible
- flashlight
- glow-in-the-dark stickers
- black construction paper (optional)
- laser pointer (optional)
- spray bottle of water (optional)
- pen (optional)
- tape (optional)

Easy Prep

- Darken your room as much as possible.
- If you're using a flashlight with a wide beam, use a pen to poke a hole in a piece of black construction paper, and tape the paper over the flashlight. This should give you a much smaller, focused beam.



LOW-ENERGY GAME

Kids build domino runs.

Supplies

- wooden or plastic dominoes (about 5 per child, plus 5 for you)
- upbeat music (optional)
- music player (optional)



HIGH-ENERGY GAME

Kids play a racing version of Leapfrog.

Supplies

- upbeat music (optional)
- music player (optional)



DEEPER BIBLE

▲ Kids explore how they are branded with the Holy Spirit.

Supplies

- Bibles
- classroom items
- mailing labels
- pens



CRAFT

Kids make wind-powered CDs that slide around the table.

Supplies

- blank CDs (1 per child)

Easy Prep

- Make a sample craft to show kids.

- permanent markers (in a variety of colors)
- stickers
- soda bottle caps (1 per child)
- thumbtacks (1 per child)
- craft knife (for teacher use only)
- hot glue gun (for teacher use only)
- uninflated balloons (2 per child)



OBJECT LESSON

Kids make glow-in-the-dark slime.

Supplies

- white glue (1 tablespoon per child)
- warm water
- squeezable glow-in-the-dark acrylic paint
- liquid starch (1 teaspoon for every 3 kids) (check the laundry aisle of grocery stores or discount stores)
- baking soda (¼ teaspoon for every 3 kids)
- small disposable bowls (1 for every 3 kids)
- craft sticks or plastic spoons (1 for every 3 kids)
- measuring cups and measuring spoons
- portable UV black lights (available for \$8-\$10 at stores like Walmart or Target) (1 for every adult or teen helper)
- large cardboard box (optional)
- resealable plastic snack bags (optional)
- smocks for younger kids (optional)



MUSIC VIDEO

▲ Kids sing songs of praise to God.

Supplies

- “Go and Make Disciples” (Matthew 28:19) (watch or download [here](#))
- “My God Is Powerful” (watch or download [here](#))
- “Won't Worry 'Bout a Thing” (watch or download [here](#))



TALK-ABOUT VIDEO

▲ Kids watch a video and discuss the Bible point.

Supplies

- “Carl’s Story” teaching video (watch or download [here](#))



PRESCHOOL PUPPET SKIT

Recommended for preschoolers.



LIFE APPLICATION WRAP-UP

▲ Kids receive a blessing while being fanned.

Supplies

- paper

Easy Prep

- Fold a piece of paper into an accordion fan.

- glow-in-the-dark stickers*



CORE BIBLE AT HOME

▲ Kids watch a light ascend and then experiment with powering an item.

Supplies

- Bible
- flashlight
- hand mirror or other item that reflects light (like a watch face)
- lamp or other item that must be plugged in to work



TAKE-HOME

▲ Kids receive a take-home page about the lesson.

Supplies

- this week's "Dig In @ Home" handout (1 per child) (download [here](#))

Easy Prep

- Add your church announcements to the "Dig In @ Home" handout.

**Marked supplies can be reused from Core Bible Discovery*

Let's keep kids safe! You can help by using supplies as instructed for only ages 3+, purchasing child-safe items, and being aware of allergy concerns.



Supplies

- Bible

Welcome

- Thank kids for coming.
- Just for fun, have kids give a fist bump to four friends.
- Make announcements.
- Introduce new kids.
- Celebrate birthdays by having kids say “happy birthday” with an extra “happy” as many times as the child is old. If the child is turning 10, they’d say, “Happy, happy, happy, happy, happy, happy, happy, happy, happy, happy birthday!”
- Collect the offering.

Introduce the Lesson

Say: **Today we’re going to learn that Jesus is powerful, and he gives us power.**

Share

- Tell kids what you consider to be the most powerful thing in *your* home and why.
- Have kids form pairs. Ask kids to share what they consider to be the most powerful things in *their* homes and why.
- After partners have discussed, ask two or three kids to share with the whole group.

Summarize

Open a Bible to Acts 1, and say: **Our homes have a lot of powerful things. But none of those things even come *close* to being as powerful as Jesus. In fact, since Jesus gives us power, the most powerful thing in your home might be *you*! Let’s see what the Bible says about Jesus’ power. The Bible is God’s special book. God uses the Bible to talk to us and help us see his heart. The more we see his heart, the more he can empower our hearts to reflect his. Let’s listen and talk to him.**

Pray, praising Jesus for being powerful.



Supplies

- Bible
- flashlight
- glow-in-the-dark stickers
- black construction paper (optional)
- laser pointer (optional)
- spray bottle of water (optional)
- pen (optional)
- tape (optional)

Easy Prep

- Darken your room as much as possible.
- If you're using a flashlight with a wide beam, use a pen to poke a hole in a piece of black construction paper, and tape the paper over the flashlight. This should give you a much smaller, focused beam.

Tip

- While a flashlight will work, a laser pointer will make a bigger impact, as kids will be able to see the beam of a laser pointer when water is sprayed in its path. You can find laser pointers at your local dollar discount store.

Raise the Light

Say: **In today's Bible story, we'll see how Jesus is powerful, and he gives us power. Jesus' disciples had already seen his power in a *big way*: He died and came back to life! After that, for 40 days he kept showing up to the disciples, proving that he really was alive and teaching them more about God.**

But after 40 days, it was time for Jesus to go back to heaven. That meant leaving the disciples all alone—or so they thought.

Read Acts 1:9-11, skipping the phrase "after saying this."

Say: **Let's imagine what this was like. Keep your eyes on the beam of light.**

Turn off the lights. Then turn on the flashlight or laser pointer and shine it on the wall, starting at the bottom and slowly moving it all the way to the top of the wall and even up onto the ceiling. If you're using a laser pointer, spray a fine mist of water to reveal the beam as you raise the light; you could also let a few kids spray the water. Then suddenly turn off the flashlight or laser pointer.

Hand Off the Lesson

Turn the classroom lights back on. Say: **Just like that, Jesus was gone! After Jesus left** (start coughing, and clear your throat a few times). Then say hoarsely: **What if my throat is feeling a little irritated? I'm not sure I could teach the rest of this lesson. Who would teach it for me? I have all the instructions right here.** Hold up your lesson papers.

Choose two kids who seem the *least* willing to take your place (but do know how to read), and call them to the front. Hand them the lesson papers, head for the door, and act like you're going to leave. Then return to the front of the room, take back the papers, and have the kids sit down. Resume speaking in your normal voice.

Ask: • **How did you feel when I asked for volunteers to teach the lesson? Why?**

• **Tell about something your parents used to do for you but you've had to start doing on your own. What was it like the first time you did it on your own?** Share your own example first, such as riding your bike without your dad holding the back of it or ordering food at a restaurant for the first time.

Say: **Luckily I'm not *really* feeling sick, so I can keep teaching! For many of you, it was probably a little scary to think of teaching a Sunday school lesson, even if I gave you the tool you needed. I wonder if the disciples felt that way after Jesus left! Maybe they felt kind of powerless. But Jesus had**

promised them a special tool, too. Listen to the powerful tool Jesus left for his friends.

Read Acts 1:8.

Say: **Jesus is powerful, and he gives us power.** Earlier I gave the lesson to only two kids to give them what they needed to teach the lesson. But Jesus' power is for *everyone*. He sent the Holy Spirit to give all of us his power. Let's find out what happened when the Holy Spirit first came.

Glow in the Dark

Read Acts 2:1-4.

Say: **Just as Jesus promised, he sent the Holy Spirit to give us power!**

Give each child a glow-in-the-dark sticker.

Ask: • **What do you do to make something that's meant to glow in the dark work really well?**

• **What happens if you have a glow-in-the-dark sticker in a closed box and then take it out and try to see it in the dark?**

Have kids charge their stickers. They may open blinds to get sunlight or simply hold their stickers above their heads under the classroom lights. If you used a flashlight earlier in the lesson, kids can charge with that, too. After kids have had time to charge their stickers, close any open blinds and turn off the classroom lights. Then have kids stick the stickers on themselves.

Say: **Now you glow in the dark! The power didn't come from you or even your sticker; the power to glow came when you charged the sticker in the light. In the same way, our power doesn't come from us—it comes from the Holy Spirit! When you follow Jesus, he gives you his power by sending the Holy Spirit to live inside you. Jesus is powerful, and he gives us power. So what do we have power to do? Let's see.**

Explore Power

Turn the classroom lights back on.

Ask: • **If you could have any superhero power, what power would you want?** Have kids take turns acting out their answers and then sharing them aloud.

Say: **It would be cool if we could fly or become invisible, but those things aren't the kind of power Jesus was talking about. Listen to his promise again and see what he was giving his friends the power to do.**

Read Acts 1:8.

Ask: • **What was Jesus giving his disciples the power to do?**

Say: **Jesus told his friends that with his power, they could tell people all over the world about him.**

And when Jesus sent the Holy Spirit, that's just what happened!

Read Acts 2:5-6.

Say: **Although these people were from a lot of different countries, they could all understand Jesus' followers talking about the wonderful things God has done. Wow! Jesus is powerful, and he gives us power to tell others about him. For the disciples, that meant giving them power to speak languages they didn't even know! For us, it could mean giving us courage when we're scared to talk about Jesus. Jesus gives us power over fear and anxiety. Jesus gives us power by showing us what to say. So let's try using that power!**

Have kids form mixed-age pairs and practice telling their partners about Jesus' death on the cross and what Jesus has done in their own lives. If you have kids who don't know about Jesus' death and resurrection, great! Instead of sharing, they can listen to others, and maybe they'll come to know Jesus themselves.

Say: **Wow! I just saw Jesus' power at work in this room as you shared about him. Jesus is powerful, and he gives you power to take that message and tell it to people who don't know him. That's amazing!**



LOW-ENERGY GAME

[10 min]

Power Passed On

Supplies

- wooden or plastic dominoes (about 5 per child, plus 5 for you)
- upbeat music (optional)
- music player (optional)

Tips

- Check with your church families to see if you can borrow dominoes. You may also want to check thrift stores.
- If you used the Music Video block, consider repeating the songs from today's lesson during the game. You can find the downloadable album [here](#).

Build Domino Runs

Say: **We're learning that Jesus is powerful, and because of his amazing love, Jesus gives us power through the Holy Spirit. There are so many things we couldn't do on our own that we *can* do with the power Jesus gives us, possibly setting big and important things in motion. Let's play a fun game that'll help us see how Jesus' power can work through just one person to impact many others.**

- First, demonstrate what to do with the dominoes by standing yours up in a line and tapping the first one so it falls into the next and topples all the dominoes.
- Form mixed-age groups of three, and have groups sit together and spread out.
- Give each group about 15 dominoes.
- Allow groups to build their own domino runs in various designs, such as straight lines, circles, diamonds, or S-shaped lines.
- If you'd like, play upbeat music while kids play.

Talk About It

Ask: • **How do these dominoes give us a picture of how Jesus' power can move through one person to affect many others?**

- **What are ways you hope Jesus' power works through you to affect others?**

Say: **Jesus is powerful, and he gives us power to help others know about him and his love.**



HIGH-ENERGY GAME

[10 min]

Power Leap

Supplies

- upbeat music (optional)
- music player (optional)

Tips

- If you used the Music Video block, consider repeating the songs from today's lesson during the game. You can find the downloadable album [here](#).
- Girls in dresses won't be able to play this game, but they can cheer friends on and "empower" others through their encouragement.

Play a Racing Version of Leapfrog

Say: **Jesus is powerful**, and today we've learned that he gives us power through the Holy Spirit. That's *awesome*! Jesus gives us power to help others know about him and his love, and then those people have the power to help even more people know about Jesus—and on and on it goes. Let's celebrate Jesus' power with a game where you'll take turns with a partner giving each other power to leap forward!

- Form pairs with partners of similar size, and have everyone gather on one side of the room.
- Have one person in each pair crouch down like a frog in front of his or her partner.
- At your cue, pairs will race across the room to touch the other wall. To move forward, the partners who are standing will leap over their crouching partners and then crouch down like a frog.
- Then the partners who were crouching first can pop up and leap over their crouching partners, then they'll crouch down again.
- Each leap over a partner is a "power up" for the crouching partner to leap next.
- If you'd like, play upbeat music while kids play.
- Play as many rounds as time allows. You can challenge kids to try to move faster than in their previous round, or you can play a new round after forming new pairs.

Talk About It

- Ask:
- What did you like about receiving power to leap in this game?
 - Why did you need your partner to leap before you could?

Say: **Jesus is powerful, and he gives us power**. In the game, your partner leaped over you and gave you a turn to leap. Jesus came to earth to show his power, and now it's *our* turn to show his power! He gave us the Holy Spirit so that we could do that.



What if I Don't Feel the Holy Spirit in Me?

Supplies

- Bibles
- classroom items
- mailing labels
- pens

Set It Up

Say: In our Bible story, Jesus promised his disciples that they would receive power when the Holy Spirit came on them. And when the Holy Spirit came, it was a really big, memorable event. There was mighty wind and tongues of fire, and all the people were speaking languages they didn't even know.

Maybe you've never had an experience quite like that. Maybe you've never had an emotional *feeling* that the Holy Spirit is in you. What if we don't feel the Holy Spirit in us? Let's dig in to that.

Dig Deeper

Say: The Holy Spirit is kind of a mystery. He's not talked about in the Bible as much as Jesus and God the Father. But the Holy Spirit is important! So let's act like detectives and figure out some *who*, *what*, *when*, *why*, and *how* questions about the Holy Spirit.

First, who is the Holy Spirit? Let's see what the Bible says.

Read Romans 8:11.

Ask: • Based on this, who is the Holy Spirit?

Say: The Holy Spirit is God. It can be confusing to think that we worship *one* God but there are *three* ways we talk about him: God the Father, Jesus, and the Holy Spirit. That's just part of the mystery! Even though it's hard to understand, we know that the Holy Spirit is God.

Find Branding

Say: We also know that the Holy Spirit came to Jesus' friends in our Bible story. After Jesus left, the Holy Spirit came to them. So when do we get the Holy Spirit? Let's see. In this passage I'll read, *Gentiles* means people who weren't Jews.

Read Ephesians 1:13-14, emphasizing the second sentence of verse 13.

Ask: • When do we get the Holy Spirit?

This is a great opportunity to explain your church traditions on receiving the Holy Spirit.

Say: Jesus gives you the Holy Spirit. That's awesome because following Jesus can be hard to do. But we don't do it with our own power. Jesus is powerful, and he gives us power through the Holy Spirit to follow him.

The verses we just read say that giving us the Holy Spirit is a way Jesus identifies us as his own. Let's consider how we identify things.

Have kids look around the room, picking up various items and looking for branding. For example, their shoes probably have a brand name. Office supplies such as staplers or tape and even toys should have branding. Younger kids won't be able to read brand names, but they can look for letters and show them to older kids.

Ask: • If I told you I had a pair of shoes and a candy bar and one of them had the brand "Snickers" on it, how would you know which one had that brand?

Say: A brand tells you something about where an item comes from and what it is. You know that Snickers is a brand of candy, and you know that it has chocolate and peanuts. A brand also tells you something about the quality. Some brands are associated with being low cost but not well made. Other brands are more expensive, but they're a higher quality.

When you believe in Jesus, you get the highest-quality brand ever. You're marked by the Holy Spirit living in you! That brand tells you that you have Jesus' power at work in your life. Let's see what else the Holy Spirit does.

Breathe

Have kids form up to four mixed-age groups with at least one reader in each group, and have each group look up one of the following passages to find the answer to this question: What does the Holy Spirit do? If you don't have enough readers to form four groups, assign groups more than one passage.

- John 14:16-17 (He is an Advocate who leads us to truth.)
- John 14:26 (He reminds us of what Jesus taught.)
- John 16:8 (He convicts us of sin.)
- Romans 8:26 (He helps us in our weakness.)

After groups read, have them share what they learned about what the Holy Spirit does.

Say: **You might be waiting for a big sign like a mighty windstorm and tongues of fire so you really feel the Holy Spirit at work in you. But did you know that in Greek, which is the language the New Testament was written in, the word for Spirit is *pneuma* (pronounced "NOOM-uh"), which means *breath*? Take a deep breath. Pause.**

Now think about it. Throughout this whole class you've been breathing. But did you feel yourself breathing? Probably not until I told you to take a deep breath. Breathing is so natural that it's just something that happens without you realizing it. Even if you don't think about it or feel it, it still happens.

Sometimes you might feel the Holy Spirit working his power through you. But other times, you might not even realize the Holy Spirit is working through you. You might say something to someone that was just what that person needed to hear because the Spirit gave you those words.

Brand Yourself

Say: **Let's look at one more question: Why? Why do we need the Holy Spirit in our lives? Let's see.**

Read Romans 8:5-6.

Ask: • **Why is it awesome to have the Holy Spirit living in you?**

Say: **The Holy Spirit leads us to life and peace. When we try to do things our own way, that leads to death. But we're not controlled by doing things our own way when the Spirit lives in us! The Holy Spirit helps us obey God in what we think and do so that we can have better, more peaceful lives.**

Earlier we talked about how the Holy Spirit is like a brand name on us identifying us as God's children. Let's brand ourselves right now! Remember, if you believe in Jesus, you already have the Holy Spirit living inside you. (If some kids would like to commit their lives to Jesus, be prepared to help them do so now, following your church's traditions and terminology.)

Distribute mailing labels and pens. Have each child write "The Holy Spirit lives here" on a mailing label, and have kids put the stickers somewhere on themselves. (Older kids can write for younger kids.)

Pray: **Jesus, thank you that you give us power by sending the Holy Spirit to live in us. Thank you that we are guaranteed that brand name to identify us as yours. In your name, amen.**



CRAFT

Wind Runners

[20 min]

Supplies

- blank CDs (1 per child)
- permanent markers (in a variety of colors)
- stickers
- soda bottle caps (1 per child)
- thumbtacks (1 per child)
- craft knife (for teacher use only)
- hot glue gun (for teacher use only)
- uninflated balloons (2 per child)

Easy Prep

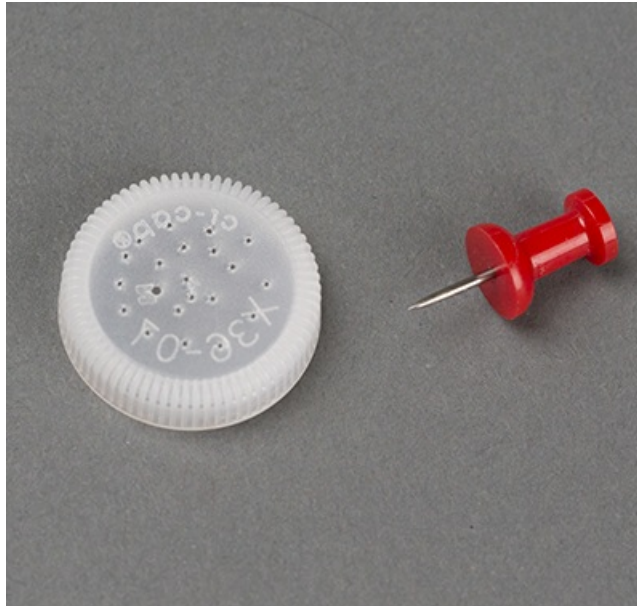
- Make a sample craft to show kids.



Make Wind Runners

Show kids the sample craft you made. Give each child a CD, a bottle cap, and a balloon. Set out the remaining supplies to share, and have kids follow these directions to make wind runners.

- Use permanent markers or stickers to decorate the top of your CD. Include the Bible point: Jesus is powerful. (If you're not comfortable with preschoolers using permanent markers, just have them use stickers.)
- Use a thumbtack to poke at least 10 holes in a soda bottle cap. Be careful! (Older kids will definitely need to do this step for younger kids!)



- Take the CD and bottle cap to your teacher. Your teacher will use a craft knife to make a couple of your thumbtack holes much bigger. Your teacher will also use a hot glue gun to glue the bottle cap over the hole in the CD.

Watch Them Go

- To make the wind runners go, kids will need to inflate their balloons. They may do this in one of two ways, whichever is easiest for them. Since younger kids won't be able to inflate their balloons, assign them a partner who can.
 - Stretch the balloon over the bottle cap, then blow through the hole in the CD to inflate the balloon.
 - Inflate the balloon normally, then twist the bottom and pinch it while stretching it over the bottle cap. Untwist the balloon.
- Set the wind runner on a smooth surface, such as a table or tile floor, and watch it blow around.
- If it's not moving much, have your teacher make the holes larger using the craft knife.
- Kids can reinflate their balloons and set the wind runners down as time allows. Make sure younger kids keep the same older partner so only one person puts his or her mouth on any given balloon.

Talk About It

Ask: • **Explain how your wind runner works.**

• **How does that remind you of how Jesus' power works in you?**

Say: Jesus is powerful, and he gives us power through the Holy Spirit. We can't see the Holy Spirit, but we can see the effect he has when his power flows through us. The Holy Spirit came like a mighty wind, and your wind runners can remind you of him. Just as the wind from the balloon powered your wind runner, the Holy Spirit gives you power to do amazing things for Jesus.

Have kids take their wind runners home with fresh, unused balloons and show them to their friends and families as they share about how Jesus gives us power.



OBJECT LESSON

The Power to Glow!

[10 min]

Supplies

- white glue (1 tablespoon per child)
- warm water
- squeezable glow-in-the-dark acrylic paint
- liquid starch (1 teaspoon for every 3 kids) (check the laundry aisle of grocery stores or discount stores)
- baking soda ($\frac{1}{4}$ teaspoon for every 3 kids)
- small disposable bowls (1 for every 3 kids)
- craft sticks or plastic spoons (1 for every 3 kids)
- measuring cups and measuring spoons
- portable UV black lights (available for \$8-\$10 at stores like Walmart or Target) (1 for every adult or teen helper)
- large cardboard box (optional)
- resealable plastic snack bags (optional)
- smocks for younger kids (optional)

Tip

- The slime will glow best in a very dark room. If you're unable to make your space completely dark, consider having kids place their slime in a large cardboard box to shield the natural light.

Make Slime

Say: **In our Core Bible Discovery time, we made stickers on our hands glow. Now let's make our very own glowing slime from scratch! We'll dig a little deeper into how we get power when we spend time with Jesus.**

Ask: • **What else glows in the dark?** Share an example to begin. You might mention going glow bowling or placing star stickers on a bedroom ceiling.

Say: **Those things glow in the dark because they contain phosphors. A phosphor is something that stores and then shines light. Light shines on phosphors, then they release that stored-up light in the dark.**

- Have kids form mixed-age groups of three. Give each group a bowl and a spoon, and set out the ingredients and measuring cups and measuring spoons to share.
- If you'd like, have younger kids put on smocks.
- Guide kids in each group to pour 3 tablespoons of glue and 1 teaspoon of warm water into their bowls and then stir vigorously.
- Give every child in each group a turn to add a squirt of glow-in-the-dark paint. Make sure kids add enough paint to obviously change the color of the glue once it's stirred.
- Have kids add in 1 teaspoon of liquid starch and $\frac{1}{4}$ teaspoon of baking soda and stir some more.
- Finally, have kids add another $\frac{1}{2}$ teaspoon of warm water and stir the mixture until it's solid enough to shape with their hands.
- Have each group divide the slime into three portions, one for each child. Encourage kids to keep working the slime with their hands until it's smooth and less sticky.

Charge the Slime

Say: **Now it's time to power up the phosphors in our slime. We'll do this by shining a UV black light on the slime.**

- Have kids hold out the slime in the palms of their hands.
- Have adult or teen helpers assist you by shining the UV black lights onto the slime for several seconds. Keep in mind that UV black lights are very powerful and can be harmful to eyes, and that's why we recommend having adult or teen helpers hold them.
- Turn off the room lights and watch the slime glow! Have adult or teen helpers shine the UV black lights on the slime with the lights off, too. Encourage kids to squish and squeeze the slime and watch it glow!
- Repeat the experiment. This time, shine the UV black light on the slime for longer periods of time and observe the

slime's brightness in the dark.

Talk About It

Ask: • **What's the difference between me handing you a glow-in-the-dark sticker and you making your own glowing slime?**

Say: **Jesus' power isn't something we can get from another person. We don't get Jesus' power because our *parents* love Jesus. Just as you made your own slime, you get to decide to follow Jesus. You get to decide to go all in for Jesus and spend time with him.**

Ask: • **How is charging the phosphors in the slime like turning to Jesus for power?**

• **What ways does Jesus "charge" us with his power?**

Say: **Jesus is powerful, and he gives us power. The longer we shined light on the slime, the longer it glowed in the dark! It needed time with the light in order to shine brightly. We're powered up when we spend time with Jesus. We can read the Bible, pray, and spend time with other Christians who love and follow Jesus. You can also name other ideas kids shared. Then we're charged and ready to shine Jesus' light in our world!**

If you have resealable snack bags, let kids put away their slime to take home with them.



MUSIC VIDEO

[10 min]

Go and Make Disciples (Matthew 28:19)

Supplies

- “Go and Make Disciples” (Matthew 28:19) (watch or download [here](#))
- “My God Is Powerful” (watch or download [here](#))
- “Won't Worry 'Bout a Thing” (watch or download [here](#))

Tip

- Don't have internet in your classroom? That's okay! You can download the videos before class using the “download” button at the link provided, or just purchase this quarter's DVD [here](#).

Sing Songs to God

Sing the three songs in any order.



Supplies

- "Carl's Story" teaching video (watch or download [here](#))

Tip

- Don't have internet in your classroom? That's okay! You can download the videos before class using the "download" button at the link provided, or just purchase this quarter's DVD [here](#).

Discuss and Watch "Carl's Story"

Say: **We're learning that Jesus is powerful, and he gives us power.**

Ask: • **If you could have any superpower, what superpower would you want? Why?**

Say: **Superpowers would be fun! But that's not quite the kind of power Jesus gives us. Let's see what kind of power our friend Carl has.**

Watch "Carl's Story."

Ask: • **How much power do you think Carl really had?**

• **How would you describe Jesus' power?**

Say: **Carl wasn't as powerful as he thought. But he *did* learn something very true: Jesus is powerful! Jesus has the most awesome power, and we can ask for his power in our lives! In our Bible story, Jesus promised power to his disciples, and that promise is for us, too.**



PRESCHOOL PUPPET SKIT

Preschool Puppet Skit

[10 min]

Not available for this age level.



Supplies

- paper
- glow-in-the-dark stickers*

Easy Prep

- Fold a piece of paper into an accordion fan.

Fan a Blessing

Say: **Jesus is powerful, and he gives us power.** His power comes through the Holy Spirit, who came like a mighty windstorm in our Bible story. I'm going to give you a windy blessing to remind you of the Holy Spirit's power at work in your life.

Pray the following blessing over each child as you fan kids with the accordion fan. Pray: **Jesus, please give [name of child] your power through the Holy Spirit. Help [name of child] use your power to shine in a dark world! In your name, amen.**

Say: **Now recharge your glow-in-the dark stickers under the light. As you do, ask Jesus to give you power through the Holy Spirit.** Allow time for kids to pray and charge their stickers. Then turn off the light to wrap up.

Wrap Up

Pray: **Holy Spirit, thank you for your power** in our lives. Help us use your power to be Jesus' witnesses everywhere we go. In Jesus' name, amen.

Thank kids for coming, and encourage them to come back next week.



Supplies

- Bible
- flashlight
- hand mirror or other item that reflects light (like a watch face)
- lamp or other item that must be plugged in to work

Tips

- This Bible Experience is specifically designed for video calls, pre-recorded videos, or parent-led lessons.
- If you're leading this as a video, tell families to pause when you ask questions so they can discuss them. Tell families as you start the video what supplies they'll need so they can gather them before they begin.
- For additional activities that adapt easily to an at-home setting, click "view" to preview the content of each activity block and choose only those that include a ▲ symbol in the highlighted summary description:
 - Opening
 - Music Video
 - Talk About Video
 - Deeper Bible
 - Life Application Wrap-Up
 - Take-Home page (for families to do at home)

Raise the Light

Say: In today's Bible story, we'll see how Jesus is powerful, and he gives us power. Jesus' disciples had already seen his power in a *big way*: He died and came back to life! After that, for 40 days he kept showing up to the disciples, proving that he really was alive and teaching them more about God.

But after 40 days, it was time for Jesus to go back to heaven. That meant leaving the disciples all alone—or so they thought.

Read Acts 1:9-11, skipping the phrase "after saying this."

Say: Let's imagine what this was like. Whoever is oldest, aim a flashlight at a small mirror. Then use the mirror to make the light go slowly up the wall and to the ceiling. Everyone else, keep your eyes on the beam of light. Oh, and here's a tip: you may want to turn off any other lights so you can see better!

Allow time. Say: **Suddenly, Jesus was gone! Turn off the flashlight!** Pause.

Hand Off the Lesson

Say: **After Jesus left** (start coughing, and clear your throat a few times). Then say hoarsely: **What if my throat is feeling a little irritated? I'm not sure I could teach the rest of this lesson. Who would teach it for me?**

Whoever is youngest in the room, teach the rest of the story. I'm going to go get a drink of water. Leave the screen for a drink of water, allowing time for kids to react. Then return, and resume speaking in your normal voice.

Ask: • **How did you feel when I asked you to teach the lesson? Why?**

• **Tell about something your parents used to do for you but you've had to start doing on your own. What was it like the first time you did it on your own?** Share your own example first, such as riding your bike without your dad holding the back of it or ordering food at a restaurant for the first time.

Say: **Luckily I'm not *really* feeling sick, so I can keep teaching! For many of you, it was probably a little scary to think of teaching a Sunday school lesson. I wonder if the disciples felt that way after Jesus left! Maybe they felt kind of powerless. But Jesus had promised them a special tool, too. Listen to the powerful tool Jesus left for his friends.**

Read Acts 1:8.

Say: Jesus is powerful, and he gives us power. Earlier I gave the lesson to only two kids to give them what they needed to teach the lesson. But Jesus' power is for *everyone*. He sent the Holy Spirit to give all of us his power. Let's find out what happened when the Holy Spirit first came.

Plug It In

Read Acts 2:1-4.

Say: **Just as Jesus promised, he sent the Holy Spirit to give us power!**

Ask: • **What are some things that need power to work?**

Have families experiment with turning on a lamp or other item when it is plugged in, and when it's not.

Say: **The power doesn't come from a lamp, or even the lightbulb. It comes from the electrical outlet! In the same way, our power doesn't come from us—it comes from the Holy Spirit! When you follow Jesus, he gives you his power by sending the Holy Spirit to live inside you. Jesus is powerful, and he gives us power. So what do we have power to do? Let's see.**

Explore Power

Ask: • **If you could have any superhero power, what power would you want?** Have family members take turns acting out their answers and then sharing them aloud.

Say: **It would be cool if we could fly or become invisible, but those things aren't the kind of power Jesus was talking about. Listen to his promise again and see what he was giving his friends the power to do.**

Read Acts 1:8.

Ask: • **What was Jesus giving his disciples the power to do?**

Say: **Jesus told his friends that with his power, they could tell people all over the world about him.**

And when Jesus sent the Holy Spirit, that's just what happened!

Read Acts 2:5-6.

Say: **Although these people were from a lot of different countries, they could all understand Jesus' followers talking about the wonderful things God has done. Wow! Jesus is powerful, and he gives us power to tell others about him. For the disciples, that meant giving them power to speak languages they didn't even know! For us, it could mean giving us courage when we're scared to talk about Jesus. Jesus gives us power over fear and anxiety. Jesus gives us power by showing us what to say. So let's try using that power!**

Have family members practice telling about Jesus' death on the cross and what Jesus has done in their own lives. If you have kids who don't know about Jesus' death and resurrection, great! Instead of sharing, they can listen to others, and maybe they'll come to know Jesus themselves.

Say: **Wow! I just saw Jesus' power at work in this room as you shared about him. Jesus is powerful, and he gives you power to take that message and tell it to people who don't know him. That's**



TAKE-HOME

Dig In @ Home

[0 min]

Supplies

- this week's "Dig In @ Home" handout (1 per child) (download [here](#))

Easy Prep

- Add your church announcements to the "Dig In @ Home" handout.

Distribute a copy of the "Dig In @ Home" handout to kids as they leave, or email it to parents during the week.

The Heart of God, Lesson 4: Jesus Passes On His Power. Design and base content copyright © Group Publishing, Inc. Licensed for use with 41-60 students. Permission to reproduce granted for local church use only.